

The Arc of Spokane/ Community Partner Training

Topic: Sexual Abuse Awareness and Response to People with Intellectual Developmental Disabilities

- Define and compare sexual abuse v. sexual assault v. sexual violence
- Statistics of violence/sexual violence among those with disabilities and IDD
- Roots of sexual violence and prevalence of harm
- Contributing risk factors facing those with IDD
- Trauma-informed (or healing-centered) approach to support those impacted
- Importance of starting by believing when survivors disclose abuse
- Identifying potential harms and reporting abuse
- Responding to suspected abuse and disclosure
- Understanding trauma and appropriate response techniques
- Effective communication considerations for those with varying intellectual developmental disabilities, traumatic brain injury, and dementia
- Prioritizing education about body autonomy and consent as means of awareness and prevention
- Dignity of risk – how everyone has an inherent right to have a say in their own lives
- Potential outcomes, community response and available supports

Ranges from 1 hour to 3 hours typically depending on needs of organization

