

# Person Centered Planning

A Person Centered Plan (PCP)—A facilitated team process that looks at a person's strengths, gifts, capacities. Brainstorms ideas to overcome obstacles and barriers, focuses on strategies to support a person to be successful.

## 1. Initial meeting

A facilitator will contact you to schedule an initial meeting, review the planning process, sign releases, and gather additional information.

## 2. The team/who should be invited

Invite people to the planning meeting who know and like the person. The facilitator can help with scheduling if needed. This may include family, neighbors, employment agency, teachers, care providers, and the DD case manager.

The person, family, friends, neighbors, employment agency, teachers, care providers, DD case resource manager.

## 3. The person centered planning meeting

Location should be somewhere that is comfortable for the person (home, office, community space ... ). Consider a place with wall space for hanging flip chart paper. Plan to meet for an hour and a half.

## 4. Sharing the plan

Facilitator will draft and share the plan with team.

## 5. Follow up

Facilitator will follow up with team to finalize the plan and insure that the plan is moving forward.

